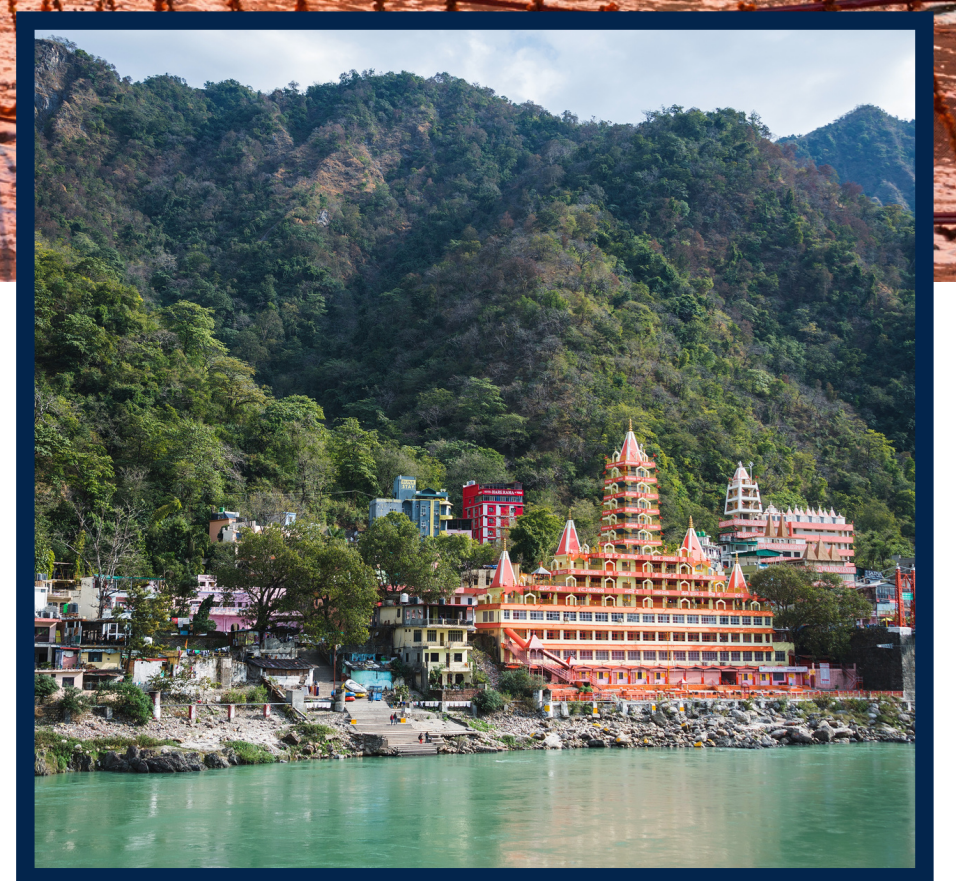




HARIDWAR



RISHIKESH

Kedarnath YATRA 2023

7 NIGHT / 8 DAYS
EX AHMEDABAD



EXPLORE THE NEW LIMITS OF WANDERLUST.



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BOOK NOW



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OVERVIEW



Lord Shiva is the god of gods. In Hinduism, he is considered the creator, destroyer and transformer of the universe. Followers come from thousands of miles to get a glimpse of the Jyotirling in Kedarnath. Among the twelve Jyotirling, the holy Kedarnath temple is of uttermost importance.

A once in a lifetime experience of divinity, faith and spirituality. The word Kedar means "fields" and Nath means "lord" meaning lord of the fields. Situated at an extreme altitude of 3583 mt. Kedarnath is 223 km from Rishikesh.

The temple is located in Garhwal Himalayan range of Uttarakhand, India. (An expert guide will accompany the tour-group throughout the entire trip to ensure that you do not miss anything)



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ATTRACTIONS / TRASPORT / STAY / MEALS



ATTRACTIONS YOU COVER :

- Kedarnath Temple
 - Rudraprayag
 - Devprayag
 - Hot water Gauri Kund
 - Batuk Bhairav Temple Kamdev Temple
- And much more from in route

MODE OF TRAVEL :

Innova/sumo/Bulero/Winger or
Tempo Traveler (Ex Haridwar)
Trek for Kedarnath

STAY:

- 2N stay at Haridwar
- 2N stay at Sonprayag/Guptkashi
- 1N stay at Kedarnath Ji

MEAL PLAN :

Simple veg food (Dinner + breakfast)
starting from

Day 3 Gupt-kashi Dinner to Day 6
breakfast at Guptkashi.



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DETAILED ITINERARY



DAT : 01

**TRAIN FROM AHMEDABAD/SURAT/
VADODARA-HARIDWAR**

DAT : 02

STAY AT HAIDWAR / RISHIKESH



DAT : 03

**DRIVE FROM HARIDWAR/RISHIKESH TO
SONPRAYAG/GUPTKASHI THE JOURNEY
WILL BEGIN FROM**

DAT : 04

SONPRAYAG/GUPTKASHI TO KEDARNATH JI



DAT : 05

HEADING BACK TO SONPRAYAG/GUPTKASHI

DAT : 06

SONPRAYAG/GUPTKASHI TO HARIDWAR



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DETAILED ITINERARY

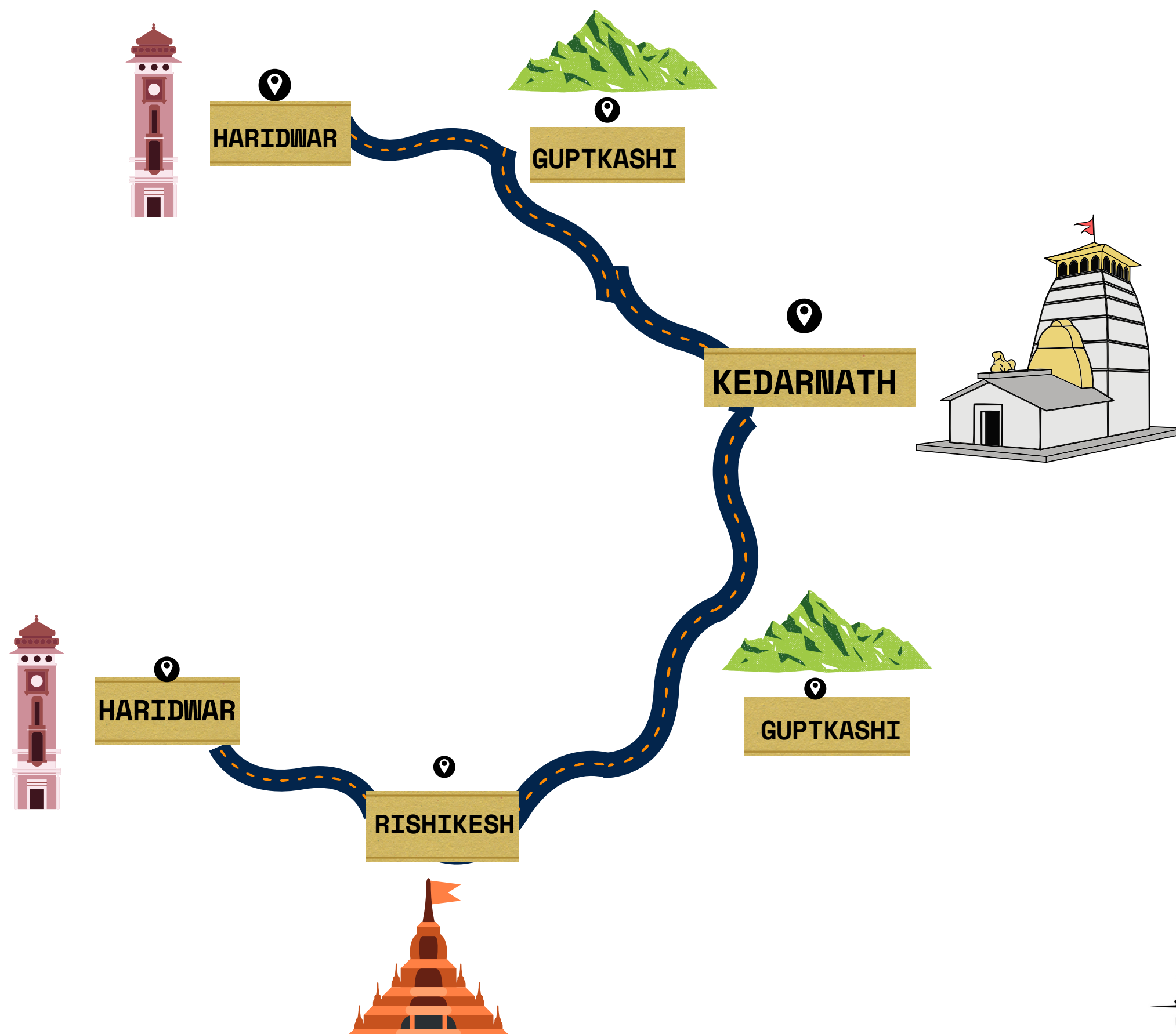


DAT : 07

HARIDWAR-AHMEDABAD

DAT : 08

REACH AHMEDABAD WITH LOTS OF MEMORIES



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AHMEDABAD

ITINERARY



01

AHMEDABAD

Train from Ahmedabad-Haridwar

02

Stay at Haridwar

From Delhi Airport/Railway Station board a taxi to Haridwar and night stay at hotel at Haridwar(Enjoy Holy Ganges River, nearby Temples and explore a lot of

03

Drive From Haridwar/Rishikesh To Sonprayag/Guptkashi

The journey will begin from Haridwar shore of the holy Ganga River and ends in Sonprayag, which is at the coast of Mandakini River. (If NH is open, then Rishikesh or else participants have to report at Dehradun. This will be confirmed over email after booking)

We shall leave from Rishikesh at 6 a.m. after breakfast. During this journey, we will visit various cities, Himalayan villages, and the three "Prayags," i.e., the Devprayag, Rudraprayag, and Karnaprayag. On the way, participants will get to see the holy "Sangam" or union of two rivers- Bhagirathi and Alaknanda.

This union is blissful, divine and a visual treat to the eyes. Srinagar is another treat that falls into our route, the entire road journey is full of scenic views. We bet your heart would be filled with joy and excitement of a thrilling journey. Depending on the traffic, we shall reach Sonprayag by 2 p.m. (approx). Sonprayag is the base of the Kedarnath trek. By the time we get here, it would be lunchtime. Hence we shall have lunch and rest. Sonprayag is by the shore of the Mandakini river. In the evening, you can enjoy the fresh and clean river water, just sitting by the river and watching it flow endlessly is peace in itself. After spending a peaceful evening, we shall have dinner and then head back to beds to get ample rest and prepare ourselves for the next day's trek.



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04

Sonprayag /Guptkashi To Kedarnath ji

After a hearty breakfast we start early morning around 7a.m. from Sonprayag and head towards Gaurikund. Gaurikund has two hot water springs. You may wish to relax and enjoy the natural sauna of these hot-water springs. From Gaurikund, our actual trek begins, which is approximately 16 km to Kedarnath temple. This is a steep and moderate level trek that requires basic physical fitness. Before the tour begins, the physical fitness of every visitor will be assessed. People with respiratory issues and high blood pressure must avoid this trek. It's a high altitude trek; hence one must consult a doctor before trekking. While trekking, you will be surrounded by snow-clad mountains. Despite all the hardships, the beauty of this trek is astounding. Glaciers and waterfalls are spread all-around the valley with cool breeze and heavenly scenic views. You will forget all the worldly worries, and your heart would be filled with sheer happiness. In 5-6 hours, i.e. at around 3 p.m., we shall reach Kedarnath Valley where we will have our lunch and rest. In the evening, participants can attend the evening "Aarti" or prayer at the temple which lasts for one hour. Let your soul get drenched in the sacred vibes of prayers and let your spirituality take you to the divine world of Lord Shiva. It gets quite cold here at night. The nights at the valley are special as you can feel the sacredness inside and outside.

05

Heading Back To Sonprayag/Guptkashi

The next morning at 7a.m., the morning prayers begin. You can see the beautiful golden rays of the rising sun falling on the temple. We must stand in the queue for our turn to worship (for darshan) and offer the offering to Lord Shiva. Once we are done with morning prayer at the temple, we shall head back to Sonprayag and then have a rest night at sonprayag, we will have a night at the hotel.

06

Sonprayag/Guptkashi to Haridwar

Check out from hotel and drive to Haridwar, on the way sight seeing and we will go on a return roadtrip again till Haridwar. After reaching Haridwar we will have a night stay at hotel enjoy the last evening together, share our experiences and feels of Kedarnath Temple Trek.



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07

Haridwar-Ahmedabad

Check out from Haridwar. Reach Railway Station and board train for your hometown/Delhi for flight.

08

Ahmedabad

Reach Ahmedabad with lots of cherishable memories and time with the group.

NOTE:

- Rishikesh stay: INR 800/- per head per night.
- River Rafting(7 kms) @ Rishikesh: INR 600/- per head(8 AM)
- Helicopter / Khacchar / Palki charges not included.
- Haridwar local sightseeing like Mansa Devi and Chandi Devi not included. Haridwar Darshan Tempo charges : INR 200/- per head.
- Extra train charges if direct trains not available.
(around INR 1,200/- Per head)



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INCLUSIONS & EXCLUSIONS



- Accommodation At Haridwar, Sonprayag And Temple premise for all 5 nights.
- Stay on triple/four sharing basis.
- Breakfast and Dinner on all stay days(Except Haridwar)
- First aid medical kit.
- Permits of treks where permission is to be taken.
- Qualified & experienced Trek Guide and support staff.
- Taxi will be provided from Day 3 from Haridwar to Day 6 till Haridwar/Rishikesh drop at hotel near to Railway station.



- No kind of insurance or medical expenses are included.
- Any kind of personal expenses or for porters or ponies are not included.
- Any other food & beverage charges other than food menu are not included. (on local shop or during transfer to and from Rishikesh to Sonprayag)
- Any other costing involved due to any kind of natural calamity, forced circumstances are out of our control.



EXPLORE THE NEW LIMITS OF WANDERLUST.

CANCELLATION POLICY

LEVELA	DURATION	REFUND %
01	BEFORE 40 DAYS OF DEPARTURE	90%
02	BETWEEN 25 TO 40 DAYS OF DEPARTURE	75%
04	BETWEEN 15 TO 25 DAYS OF DEPARTURE	50%
05	BETWEEN 08 TO 15 DAYS OF DEPARTURE	25%
06	IN LASST 07 DAYS OF DEPARTURE	10%
07	LAST 24 HOURS OR LESS	0%





Packages for KEDARNATH

Packages Available From	Rate	PERSON	Days	REPORTING TIME & PLACE
AHMEDABAD	15500/-	04 TO 06	08	10:00AM @ Kalupur Railway Station
AHMEDABAD	14500/-	06 TO 08	08	10:00AM @ Kalupur Railway Station
AHMEDABAD	13500/-	10 TO 12	08	10:00AM @ Kalupur Railway Station

Packages Available From	Rate	PERSON	Days	REPORTING TIME & PLACE
HARIDWAR	12000/-	04 TO 06	04	06:00AM @ Haridwar Railway Station
HARIDWAR	11500/-	06 TO 08	04	06:00AM @ Haridwar Railway Station
HARIDWAR	9500/-	10 TO 12	04	06:00AM @ Haridwar Railway Station



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Things to be CARRIED

1 PERSONAL Items

1. Rucksack Bag + Rain Cover
2. Original ID Proof & 1 Copy
3. Medical Certificate
3. Dusting Powder
4. Plastic Bags for wet clothes
5. Snacks and Chocolates
6. Wet Wipes/Tissue papers
7. ATM Card and Cash
8. Personal Medication if any
9. Personal Sanitation
10. Head Torch
11. Power Bank

2 FOOT WEAR

1. Trekking Shoes
2. Slipper or Sandal

5 CLOTHING

1. Padded Jacket (-5 Degree)
2. 4-5 Full Sleeve T-Shirts
3. Normal Jacket/Fleece
3. 3-4 Trek Pants/Trousers
4. Thermal Inner Wear
5. Snow Proof Hand Gloves
6. Woolen Cap
7. 5-6 Pair Woolen Socks

4 CAMPING ESSENTIAL

1. Water Bottle
2. Coffee Mug, Lunchbox
3. Spoon

3 WEATHER PROTECTION

1. Sun Cap + Sun Glasses
2. Sun Screen (40+ SPF)
3. Lip Balm and Moisturiser
4. Poncho or Raincoat



Fixed Departures

APRIL	22	26	30						
MAY	03	07	11	15	19	23	27	31	
JUNE	04	08	12	16	20	24	28		
JULY	01	08	15	22	29				
AUG	05	12	19	26					
SEP	02	06	10	14	18	22	26	30	
OCT	04	08	12	16	20	24	28		
NOV	01	05	08	09	10				

KEDARNATH SPECIAL BATCH

OPENING CEREMONY	22
DIWALI	08
DIWALI NEW YEAR	09
CLOSING CEREMONY	10



PAYMENT POLICY & TNFO



- - For confirmation of your travel, an advancement payment must be made and the balance should be cleared before 48 Hrs of commencing the tour.
- - Trek O Mania Adventures management reserves the right to decide the advance amount based on the time of booking, availability of seats, and time left in the commencement of the tour.

Payment Information

Bank Detailsl payment :

A/C Name:	The Trek O Mania Adventures
A/C NO:	3885229725
IFSC C o d e	CBIN0283448
Branch Name:	Central Bank of India, New CG Road, Ahmedabad
Phone Pay:	+91 8200878030
UPI ID:	trekomania@ybl

NOT & CONTACT INFO

NOTE

- In case of transferring a trek to a friend, He/She should satisfy all the mandatory requirements by Trek O Mania Adventures.
- Change of batches depends on the availability in the trek
Trek O Mania Adventures holds the right to change/cancel the policies, without prior notice.
- - You can cancel your trek/tour by emailing us at thetrekomaniaadventures@gmail.com & by calling us at +91 95109 55878 to confirm.

CONTACT US

[The Trek O Mania Adventures]
I 4/A , Ground Floor , Kalyani Apartments, Sattar Taluka Society,
Usmanpura, Ahmedabad, Gujarat 380014



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